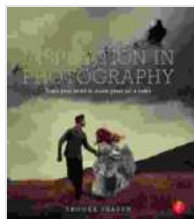


# Train Your Mind to Make Great Art a Habit

Do you dream of becoming a great artist? Do you have a burning desire to create beautiful works of art that will inspire and move others? If so, then you need to train your mind to make great art a habit.



## Inspiration in Photography: Training your mind to make great art a habit by Brooke Shaden

★★★★☆ 4.5 out of 5

Language : English  
File size : 10553 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 192 pages



Making great art is not just about having talent. It's also about having the right mindset and habits. You need to be able to focus, to be persistent, and to be willing to experiment. You also need to be able to overcome the obstacles that will inevitably come your way.

In this article, I will share with you some tips on how to train your mind to make great art a habit. I will cover topics such as:

- Finding your inspiration
- Setting goals and staying motivated
- Overcoming obstacles

- Developing a consistent art-making practice

## **Finding Your Inspiration**

The first step to making great art is to find your inspiration. What is it that drives you to create? What are you passionate about? What do you want to express through your art?

Once you know what your inspiration is, you can start to look for ways to incorporate it into your art. This could mean using certain colors, shapes, or textures. It could also mean exploring certain themes or ideas.

Don't be afraid to experiment and try new things. The more you explore, the more likely you are to find your unique voice and style.

## **Setting Goals and Staying Motivated**

Once you have found your inspiration, it's important to set goals for yourself. What do you want to achieve with your art? Do you want to sell your work? Do you want to win awards? Do you just want to create art for yourself?

Once you know what your goals are, you can start to develop a plan to achieve them. This plan should include specific steps that you will take to reach your goals.

It's also important to stay motivated throughout the process. There will be times when you feel discouraged or uninspired. But it's important to remember your goals and to keep moving forward.

## **Overcoming Obstacles**

There will inevitably be obstacles that will come your way as you pursue your art. These obstacles could be anything from lack of time or money to creative blocks or negative self-talk.

It's important to be prepared for these obstacles and to have strategies for overcoming them. One way to overcome obstacles is to break them down into smaller, more manageable pieces.

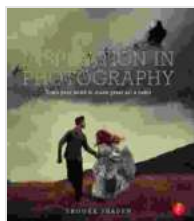
You can also seek support from others, such as friends, family, or fellow artists. Talking about your challenges and getting feedback from others can help you to see things from a different perspective and find solutions.

## **Developing a Consistent Art-Making Practice**

One of the most important things you can do to make great art a habit is to develop a consistent art-making practice. This means setting aside time each day or week to create art.

Even if you don't feel like it, it's important to stick to your practice. The more you practice, the better you will become. And the better you become, the more motivated you will be to continue creating art.

Making great art is not easy. But it is possible if you train your mind to make great art a habit. By following the tips in this article, you can overcome the obstacles that hold you back and create the art that you have always dreamed of.



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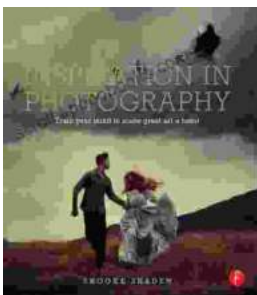
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