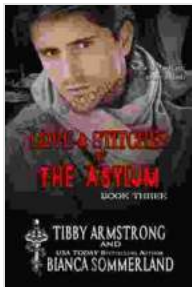


Love Stitches in the Asylum Fight Club

A Journey of Trauma, Strength, and Resilience

In the depths of a psychiatric ward, a group of women find solace and strength in the art of quilting. Love Stitches in the Asylum Fight Club is a moving and inspiring story of how creativity can heal.



Love & Stitches at The Asylum Fight Club Book 3

by Bianca Sommerland

★★★★☆ 4.8 out of 5

Language : English

File size : 1051 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 523 pages



The women in this group have all experienced trauma. They have been diagnosed with mental illness and have been hospitalized for their own safety. But in the asylum fight club, they find a sense of community and belonging. They learn to trust each other and to share their stories.

As they quilt, the women process their trauma. They stitch together their pain, their anger, and their fear. But they also stitch together their hope, their resilience, and their love. The quilts they create are beautiful and powerful expressions of their journey.

Love Stitches in the Asylum Fight Club is a story about the power of creativity to heal. It is a story about the strength of women. And it is a story about the hope that can be found even in the darkest of places.

The Author

Love Stitches in the Asylum Fight Club was written by Susan Avery, a clinical social worker who has worked with women in psychiatric hospitals for over 20 years. Avery has seen firsthand the power of creativity to heal trauma. She has also seen the strength and resilience of the women she has worked with.

Avery wrote Love Stitches in the Asylum Fight Club to share the stories of these women. She wants to show the world that even in the darkest of places, there is hope. And she wants to inspire others to use their creativity to heal their own wounds.

Reviews

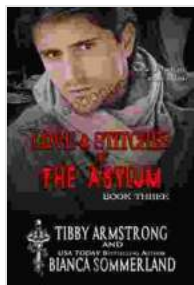
"Love Stitches in the Asylum Fight Club is a powerful and moving story about the healing power of creativity. Avery's writing is raw and honest, and her characters are unforgettable. This book is a must-read for anyone who has ever experienced trauma or who works with people who have." - *Dr. Bessel van der Kolk*, author of *The Body Keeps the Score*

"Love Stitches in the Asylum Fight Club is a beautiful and inspiring book. Avery's writing is lyrical and evocative, and her characters are complex and relatable. This book is a testament to the power of the human spirit." - *Cheryl Strayed*, author of *Wild*

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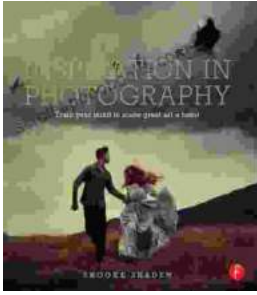
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